



# CREAMER FLAVORS



## CREAMER BASE

- 3 cups unsweetened almond milk or cashew milk
- 1 cup heavy cream or coconut cream
- ¼ tsp. pure stevia powder
- flavor of choice (see chart below)



Combine all ingredients.  
Store in an airtight container in the refrigerator.  
Add about up to 4 tbsp. in a carb based or neutral setting and a lot more in a fat based setting.  
**NOTE:** Each tbsp. contains 1.25 grams of fat and 0 carbs.

<b>ALMOND COCONUT</b> <ul style="list-style-type: none"> <li>• 1 tbsp. almond extract</li> <li>• 2 tsp. coconut flavor</li> </ul>	<b>CINNAMON</b> <ul style="list-style-type: none"> <li>• 2 tsp. cinnamon flavor OR 1 tsp. ground cinnamon*</li> </ul>	<b>COOKIES AND CREAM</b> <ul style="list-style-type: none"> <li>• 1 tbsp. cookies and cream flavor</li> </ul>
<b>CINNAMON BUN</b> <ul style="list-style-type: none"> <li>• 1 tbsp. pure vanilla extract</li> <li>• 2 tsp. cinnamon flavor OR 1 tsp. ground cinnamon*</li> <li>• 1 tsp. almond extract</li> </ul>	<b>PEPPERMINT MOCHA</b> <ul style="list-style-type: none"> <li>• 1 tbsp. chocolate extract OR cocoa powder*</li> <li>• 2 tsp. peppermint extract</li> <li>• 1 tsp. coffee flavor OR 2 tsp. instant coffee granules</li> </ul>	<b>ALMOND JOY</b> <ul style="list-style-type: none"> <li>• 1 tbsp. almond extract</li> <li>• 2 tsp. coconut flavor</li> <li>• 2 tsp. cocoa powder* or 1 tsp. chocolate extract</li> </ul>
<b>ITALIANO SWEET CREAM</b> <ul style="list-style-type: none"> <li>• 1 tbsp. pure vanilla extract</li> <li>• 1 tsp. almond extract</li> </ul>	<b>CARAMEL CHOCOLATE</b> <ul style="list-style-type: none"> <li>• 1 tbsp. caramel extract</li> <li>• 1 tbsp. cocoa powder*</li> </ul>	<b>BUTTER PECAN</b> <ul style="list-style-type: none"> <li>• 2 tsp. butter flavor</li> <li>• 2 tsp. pecan flavor</li> </ul>
<b>CARAMEL MACCHIATO</b> <ul style="list-style-type: none"> <li>• 1 tbsp. caramel extract</li> </ul>	<b>COCONUT CRÈME</b> <ul style="list-style-type: none"> <li>• 1 tbsp. coconut flavor</li> </ul>	<b>PEPPERMINT</b> <ul style="list-style-type: none"> <li>• 2 tsp. peppermint extract</li> </ul>
<b>CINNAMON VANILLA</b> <ul style="list-style-type: none"> <li>• 1 tbsp. pure vanilla extract</li> <li>• 2 tsp. cinnamon flavor OR 1 tsp. ground cinnamon*</li> </ul>	<b>S'MORE</b> <ul style="list-style-type: none"> <li>• 1 tbsp. marshmallow flavor</li> <li>• 1 tbsp. chocolate extract OR cocoa powder*</li> </ul>	<b>CHOCOLATE HAZELNUT</b> <ul style="list-style-type: none"> <li>• 1 tbsp. hazelnut extract</li> <li>• 1 tbsp. chocolate extract OR cocoa powder*</li> </ul>
<b>CHOCOLATE</b> <ul style="list-style-type: none"> <li>• 1 tbsp. chocolate extract OR cocoa powder*</li> </ul>	<b>PUMPKIN SPICE</b> <ul style="list-style-type: none"> <li>• 1 tbsp. pumpkin spice extract OR 1½ tsp. pumpkin pie spice</li> </ul>	<b>CRÈME BRULÉE</b> <ul style="list-style-type: none"> <li>• 1 tbsp. pure vanilla extract</li> <li>• 1 tbsp. molasses</li> </ul>
<b>CHEESECAKE</b> <ul style="list-style-type: none"> <li>• 1 tbsp. caramel extract</li> <li>• 1 tbsp. cocoa powder*</li> </ul>	<b>DULCE DE LECHE</b> <ul style="list-style-type: none"> <li>• 1 tbsp. caramel extract</li> <li>• 1 tsp. butterscotch flavor</li> </ul>	<b>TOASTY ALMOND</b> <ul style="list-style-type: none"> <li>• 1 tbsp. almond extract</li> </ul>
<b>VANILLA</b> <ul style="list-style-type: none"> <li>• 1 tbsp. pure vanilla extract</li> </ul>	<b>HAZELNUT</b> <ul style="list-style-type: none"> <li>• 1 tbsp. hazelnut extract</li> </ul>	<b>CARAMEL DELIGHT</b> <ul style="list-style-type: none"> <li>• 1 tbsp. cheesecake flavor</li> </ul>
<b>IRISH CREAM</b> <ul style="list-style-type: none"> <li>• 1 tbsp. Irish cream flavor</li> </ul>	<b>FRENCH VANILLA</b> <ul style="list-style-type: none"> <li>• 1 tbsp. pure vanilla extract</li> <li>• beans from 1 vanilla pod</li> </ul>	<b>VANILLA CARAMEL</b> <ul style="list-style-type: none"> <li>• 1 tbsp. pure vanilla extract</li> <li>• 1 tbsp. caramel extract</li> </ul>
<b>CHOCOLATE ORANGE OR RASPBERRY</b> <ul style="list-style-type: none"> <li>• 1 tbsp. chocolate extract OR cocoa powder*</li> <li>• 2 tsp. orange OR raspberry extract</li> </ul>	<b>MOCHA</b> <ul style="list-style-type: none"> <li>• 1 tbsp. cocoa powder</li> <li>• 1 tsp. coffee flavor OR 2 tsp. instant coffee granules</li> </ul>	<b>PEANUT BUTTER CUP</b> <ul style="list-style-type: none"> <li>• 1 tbsp. chocolate extract OR cocoa powder*</li> <li>• 1 tbsp. peanut butter flavor</li> </ul>

\* For creamers with cocoa powder or ground spices, you will need to either mix the ingredients in a blender or heat the milk first then stir it in.